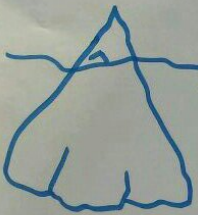


THE COMPLEXITY OF RESPONSE OF ANSWERS
TITLE · IDEA · CALL

WHO CAME?

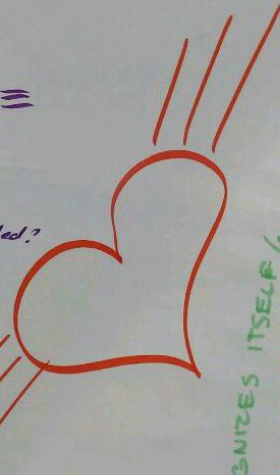
HELENE
SEVERAS
NATALIJA

RESPONSE



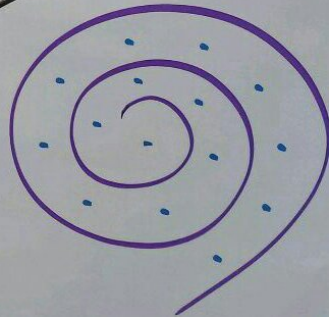
How much is needed?

FRAMING / FRAMING OF RESPONSE



LIFE RECOGNIZES ITSELF (MENTIONS)
NLP # AOM
who am I when I respond?

INSIGHTS:



NOTES

SENTIENCE

just responses and the one response that is not response
TAKEAWAY
Huge Smiles
Hugs
Sun
... ONE SENTENCE
"No answers"

Intention
Attention
Care

collaborating
collaborate

ESSENCE OF ADH

TITLE · IDEA · CALL

- authenticity
- self awareness

Host Others

Be Hosted

Four Fold Practise

Host the Community

Host Yourself

NOTES

WHO CAME?

CISCO MOZE MATEVŽ

INSIGHTS:

It Comes From The Heart



... ONE SENTENCE

HOSTING OURSELF

TITLE · IDEA · CALL

WHO CAME?

EDUARDO
ALENKA
RITA
CATHERINE } ♥

INSIGHTS:

SURROUND YOURSELF WITH GOOD PEOPLE

SHARE

mindfulness
to lead yourself

PERSONAL PRACTICE

LISTENING

Others

ourselves

REGULARITY

ROUTINE

HAVING THE SPACE FOR ENJOYMENT

EMPTY YOUR MIND

CALMNESS

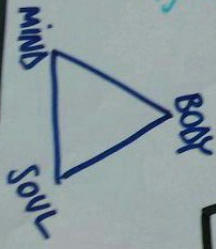
CONNECTION TO NATURE

SIMPLICITY

LOVE YOURSELF

ATTITUDE - BE OPEN
BE GENTLE

Difficult w/ others facilitation practices



NOTES

- ⊙ MINDFULNESS
- ⊙ WALKING / HIKING
- ⊙ FREE-WRITING (sometimes too much thinking)
- ⊙ MOVING
- ⊙ 1 week of silence & fasting / year
- ⊙ DRAWING / doodling (movement in the mind, Flow)
- ⊙ GARDENING
- ⊙ COOKING / DIY
- ⊙ DANCING
- ⊙ SURROUND YOURSELF with good, similar-minded people
- ⊙ ACTIVE LISTENING
- ⊙ Aikido / Warrior of the Heart
- * KATANA *



... ONE SENTENCE

Frank, Simon, Sophie, Marco

How can conscious initiation of boys and men help individuals, families and communities?

TITLE - IDEA - CALL

- WELL BALANCED AND 'WHOLE' MEN
- INITIATING YOUNG MEN AND OLDER MEN INTO A ROLE WHICH IS CONSISTENT WITH WHAT 'MANHOOD' MEANS TODAY
- CONFUSING AROUND THE COMPLEMENTARY ROLES OF WOMEN AND MEN
- STEPPING UP AND TAKING RESPONSIBILITY
- EDUCATION AND MALES..... HOW CAN THE EDUCATION SYSTEM BE MORE RELEVANT FOR BOYS + EQUIP THEM FOR MANHOOD
- FAMILY 'EVOLUTION'

'EMPOWERING YOUNG MEN'

NOTES

WHO CAME?

INSIGHTS:

- SOCIETY + EDUCATION DEVOTES TIME + ENERGY TO EMPOWERING GIRLS + WOMEN
- THERE IS AN UNDERLYING ASSUMPTION THAT MEN + BOYS ARE ALREADY 'EMPOWERED'
- COMPLEXITY -
- 'WHERE DO I BELONG?'
- ROLE OF THE ELDERS → WHERE ARE THE ELDERS WOMEN + MEN IN ELDERSHIP
- MALE ARCHETYPES → WHAT NEEDS TO EMERGE
- THE POWER OF MEN + WOMEN'S CIRCLES - ACCEPTANCE INCLUSION

TAKE AWAY
MEN MUST BE
WARRIOR + MIDWIFE

...ONE SENTENCE

Shared "working definition" of what capacity building means in Aot.

What is the CAPACITY we are building together?

- TITLE: IDEA CALL
- INTENSITY: MENTORING
- IDENTITY: GETTING WORK DONE

NAMING DISTINCTIONS HELPS US BECOME MORE INTENTIONAL

OK, PRACTICE... BUT PRACTICE WHAT?!

WHO CAME?

- DEE
- CISCO
- ADRIJANA
- STEVE
- RITA
- KATI
- HELEN
- CATH.

INSIGHTS: TO APPLY (I) I NEED A CONTEXT

SPEEDS "EVOLUTION"

CULTURE

GROW THE BUCKET

STRATEGIC & HOLDS...

THE ESSENCE THAT TRANSCENDS THE STORIES, CONTENT, ARTIFACTS...

ART

of being an authentic human being & hold space for others to step into their own authenticity...

CRAFT: SKILLS, RECIPES

ONGOING, EMERGENT & CO-CREATION

CULTURE

COLLECTIVE CREATIVE EXPRESSION

the CAPACITY TO

BE THAT MUSHROOM!

Steve: "You kinda had to have been there."

TAKE AWAY A QUIET REVOLUTION ...ONE SENTENCE...

NOTES

THE NONLOCAL FIELD...

MYCELIUM...

BUSINESS:

- 1
- 2
- 3

GOV & NON GOV:

- 1
- 2
- 3

(PETRA, JAKA, DEE)

VOLUNTARY:

- 1
- 2
- 3

LIVED EXPERIENCES:

- 1
- 2
- 3

REFUGEE & ASYLUM SEEKER

What should be in a book on the AotH?

TITLE-IDEA-CALL

individual + collective: start by hosting yourself + person
include caution: change of of + person
give up control
upgrading
style post
way of working, thinking, being

my story

STORIES → EXAMPLES + contexts when it worked
Does it need to be a book?
how to give back to the community? translate
Interaction on the web site.
ART: unexpected things, poems...
- music

less flexible when part in works

NOTES

shared risk?
Copyright? + how does this feed back to the work of the community?
level of contractor: target group ↔ essence of AotH

WHO CAME?

Julian
Steve
Ursel
Robmy.
Alja

INSIGHTS

I may not write this book, tell the story: part that cannot be explained. Prat. dis appointed when find a def., story needs to be told.

TAKEAWAY

... ONE SENTENCE

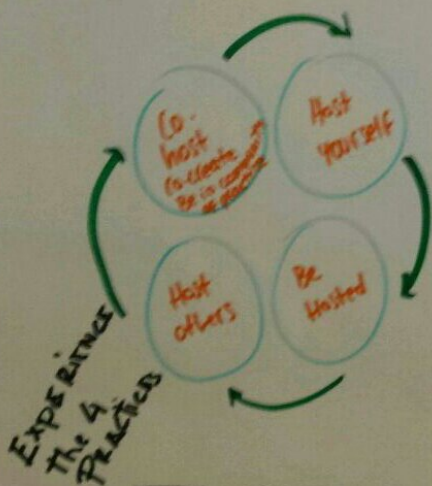
HOW HOSTING 4 FOLD PRACTICE
TO THE IAF CONFERENCE IN ITALY?

TITLE - IDEA - IAC

SHORT FEEDBACK
↳ Agile approach
EMERGENCE

WHO
CAME?

INSIGHTS



1) PRACTICE PARTIAL
↳ their experiences

2) HOSTING
what is the
story you
would tell when
you will go back
from this experience?



NOTES

TAKE AWAY

... ONE SENTENCE

Authentic movement

TITLE - IDEA - CALL

WHO
CAME?

ALJA
Ursel

INSIGHTS

To be free and
safe at the
same time

NOTES

TAKE AWAY

... ONE SENTENCE

Art work IN/WITH MUNICIPALITIES
- How ABOUT CROSS-LEARNING
BETWEEN COUNTRIES?

TITLE · IDEA · CALL

- SWEDEN
- AUSTRALIA
- QUEENSLAND
- CANADA
- AUSTRIA?
- DENMARK?

- MULTI-LAYER
- COMMUNITIES
 - POLITICIANS
 - OFFICIALS
 - CROSS-SILOES

NOTES

- WE WILL NEED TO CLARIFY WHAT IS OUR COMMON AREAS OF INTERESTS
- ABUNDANT COMMUNITIES!
- COMPLEX ISSUES
- THE NEED TO CONNECT AND EXCHANGE STORIES (FIND STORYTELLERS)

WHO ELSE TO BRING IN?
HELEN? EU?

WHO CAME?

Pam Burley - pam.burley@sdrc.qld.gov.au
Eleanor Bjornfot - eleanor.bjornfot@molndal.se
Anna-Karin Berglund
anna-karin.berglund@skl.se

INSIGHTS:

BURNING QUESTION IS NEEDED! ... FOR THE COLLABORATION!

- "STEALTH HOSTING" UNDER COVER ☺
- WE WILL NEED MANDATE FROM OUR LOCAL POLITICIANS.
- NEXT STEP: E-MAIL · CONVERSATION CLARIFYING THE QUESTION
- STEP TWO: SKYPE MEETING A PROJECT FOR COLLABORATION
- DESIGN INITIATIVE TAKEAWAY

THE TIMING AND NEED FOR COLLABORATION IS NOW!

- ONE SENTENCE ...

BRINGING OUR POWER
— ARE WE AFRAID OF
IT?

TITLE · IDEA · CALL

WHO
CAME?

PETRA
ALEXIA
NATALIJA
OLIVIER
MARCO
SOPHIE

INSIGHTS:

Playing attention
to your power
is interaction w/
stress

The courage to
live the essence

Presence

Coming from
the ♀

sth. innate?

Side of
vulnerability

Conveying an intention

Fear - doubt - anger
being soon

Practice it. Live it out

Your name - thinking
you are locked.

NOTES

Being there like a tree -
or like a sword!

TAKEAWAY



... ONE SENTENCE!

CONSTELLATION ON VALUES (MACHINE)

TITLE: IDEA CALL

To explore the values of Art of Hosting with a constellation exercise.

Lucy was caller and identified four values

- ① THE EMERGENCE
- ② THE FACILITATOR AS PARTICIPANT
- ③ HOLDING SPACE
- ④ TRUSTING THE PROCESS

TWO OPTIONS

- THE CALLER POSITION THE VALUES
- THE VALUES POSITION THEMSELVES

LUCY'S CHANCE

- ENCOURAGE THE ROLEPLAYERS TO EXPRESS A FEEL THE ROLE WITHIN YOUR BODY.
- CONSTELLATION AS SKULPTURING - CREATING BOTH PAST & PRESENT & FUTURE

NOTES

WHO CAME?

JOPHIA
LUCY
COLIN
DRAGANA
JANE
SOPHIE
IRINA

INSIGHTS:

AN EXPLORATION WITH BODY & HEAD
→ VISUALIZATION OF A DYNAMIC

TAKE AWAY

An exploration of the body & head dynamically

ONE SENTENCE!